***Minutes***

**Meeting Date: Feb 15, 2023 会议日期：周三2023.02.15**

**Time:** 7:00pm – 8:00pm **会议时间：**7:00pm – 8:00pm

**Location:** Via Zoom & in person **会议地点：ZOOM 和现场会议**

**Chair:**Tammy Baltz and Kristin McAllister **会议主持人：**Tammy Baltz& Kristin McAllister

Attendance: 50 **与会者：**50 人

| **Description** | **Speaker** |
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| Welcome and Introductions欢迎和介绍   * PAC Direct Appeal has closed however we have raised $6000 more in Jan!   PAC 的直接筹款已经结束，我们在一月份又筹到了$6000! | Tammy Baltz |
| YMCA Youth Cannabis Awareness Program YMCA 青年人大麻认知计划   * Health promotion and cannabis education 健康宣传和大麻教育 * Speaking from Edmonton 来自于Edmonton的发言 * Cannabis Neutral – Harm Reduction – Balanced Perspective大麻的中性-减少危害-平衡的观点 * Cannabis is a lot more apparent in our country now.大麻在加拿大更加受关注了 * Young people make up the largest percentage of Cannabis users in Canada.年轻人占加拿大大麻使用者的最大比例 * Average age of initiation is 14.初次吸食大麻者的平均年龄为14岁 * Risk factors include neighbourhoods, laws, peer use, boredom, negative school climate, lack of school engagement, low parental monitoring, high family conflict, favourable parental attitude towards cannabis. 风险因素包括： 邻居，法律，同伴使用， 无聊，消极的学校氛围，缺乏学校参与，父母监督不力，家庭冲突，父母对大麻持有喜爱的态度 * Protective factors include clear healthy standards for behaviour, resilient temperament, competencies, and skills. 保护因素包括明确的健康行为， 坚韧的品质，能力和技能 * Discussion strategies – set goals, make sure it’s a conversation not a lecture, stay educated, know the facts, identify where on the spectrum of the continuum of use the youth is. 讨论策略- 设定目标，确保这是一次对话而不是一次演讲，保持受过教育，了解事实，确定青年在大麻连续使用范围内处于哪个位置 * Language matters in these discussions. 这些讨论中，语言也和重要 * Be direct and respectful. 需要直接和尊重 * The continuum of use runs from No Use to Dependent Use.从不使用到依赖是一个持续的过程 * The brain develops until the age of 25. As a result it is best to delay or avoid use until the age of 25. 25岁大脑发育完善，因此最好在25岁前延迟或者避免使用大麻 * There can be a negative impact to academic performance. 大麻可能会对学习成绩产生负面影响 * It is illegal until age 19 in BC.在BC 省，19岁以下青年使用大麻是非法的 * You can get a criminal record. 19岁以下青年使用大麻会有犯罪记录 * Cannabis can cause great impairment in driving.吸食大麻会严重影响驾驶 * Teens who use cannabis can be more prone to mental health issues.使用大麻的青少年更容易出现心理健康问题 * There are a variety of protective & monitoring strategies that a parent can take. 家长可以采取多种保护和监控策略 * Quality time with your teen is better than quantity.与孩子共度的时光质量胜于数量 * There are numerous free and confidential services throughout the province to help parents and teens deal with cannabis usage.全省有许多免费和保密的服务来帮助父母和青少年应对大麻使用问题 | Emma Scmitz,  Education & Awareness Coordinator, YMCA  Emma Scmitz- YMCA 教育与意识协调员 |
| Black History Month 黑人历史月   * 1926 – Negro History Week was established in America. 1926年，黑人历史周在美国成立 * 1976 – Black History Month was established 1976年，黑人历史月成立 * 1950s – early recognition in Canada. 1950年代， -在加拿大得到早期认可 * There are many numerous Black Canadians that have made a significant contribution to our province and country. 有许多加拿大黑人为我们省和国家做出了重大贡献 | Ron Nicholson  BC Black History  Ron Nicholson  黑人历史意识协会 |
| Principal Update 校长发言   * Moving Forward Together 共同前进 * Management continues to work on the Four Pillars of Learning.管理层继续致力于学习的四大支柱 * Reconciliation-Social & Emotional Learning-Inclusion & Diversity-Student Engagement 和解-社会和情感学习-包容和多样性-学生参与 * Mr. Pelletier is starting a new program on Artificial Intelligence. Mr. Pelletier正在启动一个关于人工智能的新项目 * Mgmt will be taking a deep look at Enquiry Based Learning. Mgmt将深入研究基于探究的学习 * Strategic Planning 2026 continues. 2026年战略规划仍在继续 * April workshop around assessment – How do we measure? What do we value? What are the new realities that we face as a school? 围绕评估的四月研讨会- 我们如何衡量？我们重视什么？我们学校面临的新现象是什么 * Black History Month continues in numerous educational ways including assemblies. 黑人历史月以包括集会在内的多种教育方式持续进行 * Big thank you to Mr. Johnston who organizes the weekly announcements & to Mr. Sandher, our anti-racisim teacher.非常感谢负责每周公告的Mr. Johnston先生和我们的反种族歧视老师Mr. Sandher先生 * Ongoing discussions regarding the teens making wise use of FIT time. 关于青少年合理利用FIT时间的持续讨论 * Turkey earthquake fundraising:A few clubs in the school will be doing active fundraising within our school community to help the people of Syria and Turkey.土耳其地震筹款： 学校的一些俱乐部将在我们的学校社区内积极筹款，以帮助叙利亚和土耳其人民 | Mr. Wilmann |
| DPAC Update 区PAC 信息更新   * Feb 23 Providing Nutritious Meals in School Meeting. All are welcome. 2月23日在学校会议上提供营养餐，欢迎大家 * Health and Safety Working Group is looking for people.健康与安全工作组正在寻找义工 * The Lord Byng walking group is still taking place in front of the school Wednesdays at 9-10:30 am. 罗宾周三步行活动仍然每周三上午9：00-10：30 在学校门前举行 | Nora Ng |
| Q&A and Wrap Up提问回答，会议结束   * Are students being informed about cannabis as we were? 学生是否像我们一样接受大麻相关教育 * Yes – SACY and an effective team at the school. 是的，SACY 和学校的相关团队负责此项工作 * A SACY workshop is coming up soon in the future. The sign up link has been sent out. 不久将举办一个SACY 研讨会，注册链接已经发送 * The cost of the grad dinner dance has increased substantially. Please look into this for next year. Point taken! 毕业晚宴舞会的费用大幅增加，明年的毕业生委员会需要注意这个问题 * There are disciplinary actions in place for cannabis misconduct at Byng.罗宾对大麻不当使用行为采取了纪律处分措施 * The school cafeteria is hiring. Morning shift! 学校食堂正在招聘，早班 * April 19 is our next meeting. 4月19日是下次PAC 会议时间 * Have a lovely evening all! 祝大家度过一个美好的夜晚 | Tammy |
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